

# SMA Grade 8P.E. Curriculum

Date	Units/Curriculum Connections	Standards Met	Assessments	Resources /materials used
T R I M E S T E R  1	Volleyball serving, passing, hitting, setting	PE-CG 3, PE-CG 4, PE-CG 5	Volleyball assessment Rubik	volleyball, net
	Football passing, catching, kicking,	PE-CG 3, PE-CG 4, PE-CG 6	Football Skills Rubik	football, flag belts, goals
	Soccer	PE-CG 2, PE-CG 3, PE-CG 6  indoor soccer drills,games	Student self-assessment sheet	indoor soccer ball, goals
	<b>Kickball</b>	PE-CG 2, PE-CG 3, PE-CG 6 indoor kickball games/drills	Kickball Rubik	kickball, bases

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T R I M E S T E R  2	Team Frisbee  Presidential Fitness  Speedball throwing, catching, running, hand/eye coordination, cooperation  Whiffle ball , running, throwing, catching, batting	PE-CG2, PE-CG 3  PE-CG1, PE-CG 2  PE-CG 2, PE-CG 3, PE-CG 6  PE-CG 2, PE-CG 3, PE-CG 6	Teacher observations  National Standards charts  Teacher observations  Teacher observations	Frisbee, goal  Stretch box, gym, pull up bar, stop watch  indoor ball, goal  whiffle ball, bat, bases

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T R I M E S T E R  3	Capture the Flag running, dodging, team co- operation	PE-CG 2, PE-CG 3, PE-CG 6	Teacher observations	flag sets
	Dodge ball running, throwing, dodging, hand/eye co- ordination	PE-CG 2, PE-CG 3, PE-CG 6	Teacher observations	dodge ball
	Crab soccer squatting, squat running, kicking	PE-CG 2, PE-CG 3, PE-CG 6	Teacher observations	crab soccer ball, goals
	Whiffle ball running, throwing, catching, batting	PE-CG 2, PE-CG 3, PE-CG 6	Teacher observations	whiffle ball, bat, bases
	Badminton serving, hitting, game rules	PE-CG 2, PE-CG 3, PE-CG 6	Teacher observations	rackets, birdies, net