

# St. Mary Academy Newsletter

November 2008  
Volume 3, Issue 2

## Principal's News

Mrs. Rosemary Reese, Principal  
Mrs. Cynthia Kuder, Vice-Principal

Dear Parents,

As October rolls into November the colorful leaves are collecting on lawns and sidewalks, demanding to be raked. I guess that is the price of beauty. Along with this, the temperatures are falling. Please be sure that your children are appropriately dressed for the colder weather.

The last month has been a busy one. Special thanks go out to Suzanne Kelliher and her Grandparents' Luncheon committee for making that event such a huge success. Special thanks go to Jerry Carberry who, once again this year, made the delicious clam chowder. Fast forward to Halloween and we send out a thank you to Donna and Gary Berchulski for organizing the Halloween party. We had a huge turnout and everyone had a grand time.

I am pleased to announce that we have a new school nurse at SMA. Michele Joy, after more than two years of faithful service, has moved on to a new position. In her place, we have Mary Bender. Mary has a long association with St. Mary's - her children attended the school some time ago and she helped in the nurse's office when they were here. A big welcome goes out to Mary.

Our All Saints' Day Mass will be held on Friday, October 31 at 9:00. Fr. Damien will be the celebrant and all the 1<sup>st</sup> and 2<sup>nd</sup> grade saints will be "marching in." Please join us if you are able. We will also have our Thanksgiving Mass on Friday, November 21 with Fr. Fritz Cerullo as our celebrant. Children are asked to bring non-perishable food items to be donated to the St. Joseph food pantry.

Our Pre-K/K Open House will be held on November 5, 6:30-7:30. By now our families should have received

registration information for siblings who will be enrolling in Pre-K or Kindergarten. If you have not received this and would like to enroll a child in Pre-K or Kindergarten, please contact the office.

The Cultural Enrichment Committee is sponsoring a Movie Night on November 7 for grades 1-4. Watch for a notice about this. The money raised is used to support the art and music programs at SMA.

The SMA Christmas Craft Fair will be held on Saturday, November 22 - thanks to Dawn Duffy who has organized this event for many years. On the same day the Cultural Enrichment Committee will be running the Kids' Store - a great opportunity for your child to do all his Christmas shopping in one place at bargain prices. Complimentary gift wrapping is included!

On Sunday, November 30 we will have our annual Soup and Bread Supper in the gym immediately following the Dover Christmas Parade. And speaking of the parade, be sure to watch for the SMA band that will be playing and marching.

It is possible your child may come home and tell you about puppet shows at school. The 6<sup>th</sup> graders are working with Mrs. Kuder to develop puppet skits on character education topics. There will be a theme for each month - October is kindness - and they will perform the skits for the younger children. Our hope is that this program will benefit both the performers and the audience.

I want to wish you all a wonderful Thanksgiving. We all have much to be thankful for - our families, our homes, our school and our freedoms. Don't forget to vote!



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### Upcoming Events

- ◆ PreK/K Open House (11/5)
- ◆ SMA Christmas Fair (11/22)
- ◆ Soup and bread supper (11/30)

## Office News – Mr. Hall, Mrs. Allyson, Mrs. Reese

### Pennies! Pennies! Pennies!

The penny collection is starting out a little slow, with a total of \$121 at this time. Most of this was contributed by Cameron Adams 5M with \$13.25, Peter

Schultz 1CZ with \$13.50, and a surprise Junior High entry from Kylee Hardy 7H with \$53!



### Calendar Reminders for Grade 7 & 8 Parents

The 8th graders will be having a bake sale on Nov 7th during lunch. The funds raised will be used for the 8th grade class trip.



### SMA Receives Picturing America Grant

Last spring, Saint Mary Academy was a successful applicant for *Picturing America*, an initiative of the National Endowment for the Humanities which aims to tell the story of America through its art. Under this program, SMA has received 40 large, high-quality color reproductions of selected masterpieces of American art, such as Norman Rockwell's *Freedom of Speech*, Emanuel Leutze's portrayal of *Washington Crossing the Delaware*, and Dorothea Lange's famous photograph *Migrant Mother, 1936*.

Along with these and other masterpieces, SMA also received a

comprehensive educator's resource book to facilitate using these works of art in core subjects.

Under the terms of the program, SMA will display as many of the images as possible during the 2008-2009 school year and keep them in the school's permanent collection for display and educational use. Mrs. Roberts has already begun using these works of art in her 8<sup>th</sup> grade US history classes, and they are available for other teachers to use and display in their classrooms.



### *Mission of the Month – Mrs. Kuder*

Last month's mission collection for UNICEF totaled \$1,180.50!!

This month's mission collection is for the Dover Food Pantry. The Dover Food Pantry is a ministry of the Dover Cooperative Ministries. Under the capable leadership of Ken Kincaid, the Food Pantry provides groceries and available fresh produce to hundreds of needy in the Dover



area. The Food Pantry is located in the office building of the [First Congregational Church](#) on Central Ave. Food pick-up is available on Thursdays between 10:00 am and 12:00 noon.

### November Mission Collection

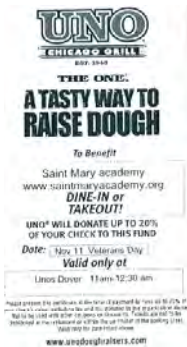
Dover Food Pantry

Thursday,  
Nov. 13 and  
Friday, Nov. 14

## Development News— Mrs. Puglisi

### Uno Chicago Grill - Dough-raiser for Saint Mary Academy

Tuesday, November 11, Veteran's Day, is a no school day!! If you don't feel like making lunch for all your children and their friends, or perhaps a day at home with all the kids has got you feeling like you don't want to make dinner, we have the solution for you - and, you'll be supporting your child's school at the same time! All are welcome to a dough-raiser held at Uno Chicago Grill in Dover (Week's traffic circle) on Tuesday, November 11 from 11 a.m. until 12:30 a.m., to benefit SMA! Please spread the word for everyone to attend, family, friends, neighbors or co-workers. You don't have to be a student at SMA to attend the event, you simply need the included ticket in this newsletter to make your money count. It's simple really, when people dine at Uno (or order take-out) they present our organization's dough-raiser donation ticket to their wait-staff and 20% of the check is donated to SMA!! Ticketers are unlimited. Photocopy the included ticket and pass it out to friends and family. Bring the ticket to work and copy for co-workers. We are planning on sending this ticket to all alumni as another way to bring the SMA community together to benefit our school. Additional tickets can be picked up at the main office with Mrs. Allyson. For additional information about this event, please contact Meaghan [Puglisi@puglisi@saintmaryacademy.org](mailto:Puglisi@puglisi@saintmaryacademy.org) or call 742-3299.



### Auction Plans Underway!

The auction committee has met and is planning yet another fantastic event sure to appeal to everyone. The event is set for Saturday, March 21 at 6:30 p.m. in SMA Mercy Hall. Babysitting will once again be offered at the Pre-K building at no-charge for children ages 4 and up. For those in need of a sitter for children younger than 4, we are working on getting a list of babysitters who are interested in volunteering their time to come to your home. This isn't set in stone, but it's something we are exploring

and again, only for people with children younger than 4 that can't utilize the service at the Pre-K building. The on-line auction is back by popular demand and will begin Sunday, March 1 at 8 a.m. and run through Wednesday, March 18 at 8 p.m.

Check your child's backpack for the *Auction 101 Resource Guide*, new this year. This booklet is your resource to the event and includes information on why the event is so important to our school, classroom project information, auction item forms and volunteer requests, and much more.

**Immediate needs:** We need volunteers to coordinate your child's classroom project. Cheryl Saylor is our head auction classroom coordinator. Cheryl will be organizing the process of classroom projects so you have a network of volunteers to help with pulling the project together, letters out to parents, and communication with teachers. Cheryl is also registering class projects so we don't have any duplication of items and to help offer ideas. If you are interested in being your child's auction classroom coordinator, or have discussed with a teacher your involvement, please let Cheryl know. Cheryl can be reached at [bcmksay@comcast.net](mailto:bcmksay@comcast.net). For additional auction questions, please contact Meaghan [Puglisi@puglisi@saintmaryacademy.org](mailto:Puglisi@puglisi@saintmaryacademy.org) or call 742-3299.

### Alumni Program is Growing

Since our last newsletter, we have had several alumni registering their information on-line through our alumni registration form. If you or someone you know is an SMA alum, please direct them to our Web site at [www.saintmaryacademy.org](http://www.saintmaryacademy.org), click on alumni and alumni registration. If they don't have access to a computer, alumni registration forms are available at the main office. If you are interested in helping with the alumni program, please contact Meaghan [Puglisi@puglisi@saintmaryacademy.org](mailto:Puglisi@puglisi@saintmaryacademy.org) or call 742-3299. Thank you to everyone for your help in spreading the word.

## *Grade 1 and 2 News – Mrs. Cronholm, Mrs. Cruz, Mrs. Pinsince and Ms. Smith*

The first and second graders have been very busy this month! We all had a great time at the Opera House when we went to see the musical, "Rockin' Schoolhouse." Don't be surprised if your children start singing some new songs around the house. You may even recognize a few of the songs! They also did an excellent job for our Saints Day mass and parade. The children certainly looked saintly. Thank you for your hard work in getting them ready for this special day. In November, the first and second grades are responsible for the mission collection.

Mission money collected this month will

be going to the food pantry. We will also be taking up a collection of canned goods at the Thanksgiving mass being held on Friday, November 21st. The second graders will be performing at this mass - you won't want to miss it and we hope to see you there! As the holidays are quickly approaching, we've been speaking with the children about how grateful we are for all of our gifts and blessings from God. We are grateful for the joy of having your child in our class, and hope that you and your family have a happy and blessed Thanksgiving together.



## *Grade 3 News – Mrs. Bilodeau and Mrs. Leonard*

We have been very busy learning about Space, the Constellations, and the Solar System. We went to the Planetarium in Concord and saw a presentation on *The Night Sky*. The children will be drawing and making up their own Constellations in Creative Writing. Many thanks to Deacon Bob and the parents who accompanied us to the Planetarium. It was an awesome trip! By the time you read this Newsletter we will have gone to the Rochester Opera House to see *Schoolhouse Rock!* - it is a favorite of 3<sup>rd</sup> grade!

We will also be having Public Service Company come into our class in the beginning of November to teach us how to become "Watt Watchers!" so we will not waste electricity.

We continue our studies on Subjects and Predicates and how to write a good 3<sup>rd</sup> grade sentence. We are also using our strategies on how to study for our big Unit

1 Social Studies test coming up before the end of the month.

Also, grades close for the children's first "big" Report Card on November 21<sup>st</sup>. They are all talking about seeing letter grades on their Report Cards. A lot is happening this month and we will be very busy!

Deacon Bob has come in to teach the children about the different parts of the Mass and we have been learning prayers and responses so that we can participate more actively in the Mass.

We would like to take this time to wish you all a happy and blessed Thanksgiving with your families and loved ones. The children in 3B have memorized "A Child's Prayer" for the month of November. Perhaps they could say it as part of your Thanksgiving blessing.



## *Grade 5 News – Mrs. George and Mrs. McShane*



All students in fifth grade are working at creating a story for the Annual Holiday Writing Contest for Foster's Daily Democrat. They are producing stories with the spirit of the holiday theme. (Yes, the Christmas holidays will be here before we know it!)

We have read the book, Sarah, Plain and Tall, and have enjoyed learning the differences between living in different areas of the country. Soon, we will watch the movie version of Sarah, Plain and Tall

to compare the differences between the book and the film.

In science, students have been studying the skeletal system. We have learned the scientific names of a number of the bones and the many ways our skeleton helps us to function. We soaked chicken bones in vinegar for a week to see what happens to bones that lose their calcium phosphate. Let's all drink up our milk.

## *Grade 8 News – Miss Gitschier and Mrs. Roberts*



Literature classes have finished *The Pearl* by John Steinbeck. We discussed social inequality.

We also had an enjoyable visit to St. Thomas Aquinas High School. The 7th and

8th grades attended the St. Thomas Aquinas concert.

The Junior High Halloween Dance was on Oct. 31; thank you to all who chaperoned.

## *Library News – Mrs. Zelle*

Each week the Kindergarteners, first, and second graders enjoy choosing new books. As the weeks go on, I am getting to know the students better and learning about their interests. We have many students reading about animals (horse books are hugely popular!), history (the Titanic continues to fascinate), and adventure stories. As the month ended Halloween stories were obviously our favorites.

The third and fourth graders are deep into Andrew Clements' book *No Talking*. This book was chosen as a recent Cochecho and a Great Stone Face winner. It is a fun story about a 48-hour no-talking competition between the girls and the boys. Wonder what would happen if we had our own competition? hmmm.....

The fifth and sixth graders researched weather patterns using the IIM research method. They then took those "weather facts" and put together a book for the kindergarteners. The illustrations were wonderful as we have many talented artists at SMA.

The students are also encouraged to read as many Cochecho (3rd & 4th grade level) and Great Stone Face (5th & 6th grade level) award books from the 2008-2009 list as possible. Each award book read will earn the student a raffle ticket. The prizes for this raffle include a gift card from Barnes & Noble, LaFesta, Golick's Ice Cream, and dress down passes. The raffle will be held in late spring. A list of the award books can be found by going to the Dover Public Library's web site or from me here at our school library.

During library period, we will also be having a refresher course for students on manners. We will touch upon such things as saying thank you, please and excuse me, holding doors open, proper phone etiquette, shaking hands properly, and making introductions. Not only are these things that reflect well on the children and SMA, they are practices that can be used for a lifetime.

Mrs. Zelle



## *Nursing News – Mrs. Bender*

You may notice that there is a different name attached to the nursing note. Mrs. Joy has moved on to a new endeavor. We wish her much luck and success.

I'm Mrs. Bender. My children both went to St. Mary's Academy and had Mrs. Reese as their teacher. I feel it's an honor and a privilege to be serving the families of St. Mary's in this capacity. If you happen to be in the building please stop by and introduce yourselves to me. I would love to meet you.

### Six Fast Flu facts

From the Centers for Disease Control and Prevention

[www.cdc.gov/flu/index.htm](http://www.cdc.gov/flu/index.htm)

- Flu symptoms include fever, headache, chills, body aches, tiredness, dry cough, sore throat, and nasal congestion.

- Flu is spread when a person who has the flu coughs, sneezes, or speaks and sends the flu virus in to the air. The virus enters the nose, throat or lungs of a person and it multiplies. Flu spreads less frequently when a person touches a surface that has flu viruses on it.
- If you get the flu: rest, drink plenty of liquids.
- The best way to prevent the flu is to get the flu shot.
- A sick child is advised to stay at home during the first days of illness when symptoms are most severe and the infection is most contagious. Children can return to school when symptoms are improving and no fever has been detected for 24 hours.
- Encourage children to cover coughs and sneezes, **wash hands frequently**, and keep hands away from, eyes, nose and mouth.



## *Guidance Guide – Mrs. Schwoerer*

Recently I attended a UNH seminar entitled "Fundamentals of Coaching Children and Teens: Principles, Practice and Power with a well known local psychologist, Dr. Anita Remig. Although I went with a bit of reservation, I walked away completely sold on the idea of how Guidance services here at SMA could truly benefit from the tools and strategies coaching offers. Helping our kids recognize their unique strengths empowers them. Holding them accountable teaches them ownership and helps promote resiliency in dealing with the challenging issues and pressures that face them today. As I thought about various ways of implementing these creative tools and techniques with our students, it occurred to me how SMA parents could benefit from this training also. Acquiring some of the coaching philosophy could potentially provide parents with strategies to develop the patience and confidence that so often eludes us in parenting our children. If you are interested

in more information about Coaching our Children and Teens, please email me at [schwoerer@saintmaryacademy.org](mailto:schwoerer@saintmaryacademy.org).

SMA yoga classes are rolling along with lots of laughs as children learn new postures, play games and enjoy the benefits of shavasana. Please visit our website for registration forms and interesting articles regarding yoga for children.

Included in this newsletter is information on our Community Service Program/Builder's Club. Be sure to read the parent letter. I've also included a wonderful letter from our UNH Extension Educator, Suzanne Cagle entitled, "Getting Kids Involved: Volunteering as a Family". Enjoy the reading and be sure to give your child an extra hug today!! Blessings for a wonderful Thanksgiving holiday.

Mary M. Schwoerer  
SMA Guidance

## *Guidance Guide – Mrs. Schworer*

### Getting Kids Involved: Volunteering as a Family

Volunteering as a family is a wonderful way to help children learn the value of giving to others. It is also a great opportunity to spend quality time working together as a family and may offer an opportunity to communicate with your children about a whole host of topics.

**Things to think about when choosing when and how to volunteer with children:**

**Think about your child's age and abilities.** If you have young children, you may want to look for volunteer opportunities that can be done in a shorter period of time, or something that you can work on at home in small increments. As children get older, they can take on more complex and time consuming activities. Always evaluate the safety of any activity and plan to work side by side with your child. Remember that you want this to be a positive experience for your child so be sure to choose an activity they can be successful at.

**Does your child or your family have any particular interests?** If your child is very interested in the environment, you may want to consider helping to clean up a local park. If they are interested in animals, you may be able to volunteer at a local animal shelter. There are so many possibilities that exist, regardless of your families interests, you are sure to be able to find some way to get involved. When you choose an activity that you are already interested in, it is much easier for the whole family to stay active and involved.

**How much time do you have available?** Many people think volunteering requires a huge time commitment, but that is not necessarily the case. Some families may be able to volunteer time every week, but if that does not work for your family, that doesn't mean you should give up. Look for opportunities that fit your lifestyle. There are many opportunities to volunteer for one time events, develop a schedule that fits your availability, or even take on projects

that you can work on at home as you have the time.

**Be Creative!** There are many organizations that exist who greatly appreciate the help that they get from volunteers, but volunteering does not always mean working within an organization. There are many opportunities every day for families to get involved in their own neighborhoods. Your family may choose to help an elderly neighbor with lawn mowing, snow shoveling, or small repairs around the house. You can help someone without transportation get to medical appointments or just to the grocery store. Look around your community for creative ways to help out.

#### **Finding Volunteer Opportunities:**

The saying "Think Globally, Act Locally" is a great way to start. Look around your neighborhood and community. Local schools, church organizations, town government, and other community organizations are a great place to start when looking for volunteer options. These groups are often aware of current needs within your community and can help you connect with the right opportunities. Non-profit organizations such as the American Red Cross, or the United Way are also good sources of information. There are also volunteer websites such as those listed below that help people connect with opportunities in their communities.

<http://www.familycares.org/projects/familyVolunteerDayProjectIdeas.cfm>

<http://www.volunteersolutions.org/volunteer-nh/volunteer/>

<http://www.volunteermatch.org/>

<http://www.compassionatekids.com/>

Remember the goal is to have fun, spend time with your child doing something meaningful, and help them develop a connection to their community. It may take a little effort to get started, but the rewards of volunteering together can last a lifetime.

By Suzanne Cagle, MEd.  
Extension Educator, Family & Consumer Resources



## *Band News – Mr. Young*

Congratulations to all of our SMA band members for an excellent start to the 2008-2009 school year. Our Beginning Band, which meets on Wednesdays after school, is nearing the end of their first trimester, learning to play wind instruments such as the flute, clarinet, saxophone, trumpet and trombone. They are a spirited group and are very quick learners. Each of our beginning band students is learning how to get a characteristic tone, how to finger various notes, and playing some of the beginning songs such as Hot Cross Buns and Au Clair de La Lune. The Intermediate Band, which meets on Tuesdays, is playing very enthusiastically, and the members are working on three band arrangements of interesting music, as well as refining their skills at playing more complicated notes on their instruments. Finally, the Advanced Band, which consists of advanced musicians in Grades five through eight, is playing more difficult pieces such as a Harry Potter medley, Zoot Suit Riot, and others.

Soon, all three bands will be preparing for the Dover Christmas Parade, which occurs the Sunday after Thanksgiving. We'll be working on our marching skills and learning two holiday tunes to play from memory while moving down Main Street at a crisp pace. We'll provide more information on the parade as the big day approaches.

Our first concert will be on Sunday, December 14 at 2:00PM, with a snow date of Monday evening, December 15<sup>th</sup> at 7:00PM. There will be a dress rehearsal for the bands

during the week prior to the concert. More information will be provided as we get closer to this date.

During the rest of the year, SMA band students will be participating in several important events, including the Solo & Ensemble festival in January, the Elementary/Middle School Sharing festival in late winter/early spring, and another concert in the late spring. The SMA band kids will join in with their respective Greenland Central School bands at any festivals where both schools will participate. This will include at least one joint rehearsal of our Advanced Band with the Greenland Junior High band. Selected band students from the 7<sup>th</sup> and/or 8<sup>th</sup> grades will participate in the Southeast NH Music Educators Music festival at a location to be determined. They will be chosen from a list of nominees to be submitted by Mr. Young by late November.

For beginning band student families who have been renting instruments this fall, please remember that your first two-month rental contracts are reaching maturity and that the rates will change a bit soon. Please feel free to contact Mr. Young to discuss your students' progress and possible options regarding further rental and/or purchasing of instruments. You may contact Mr. Young at [young@saintmaryacademy.org](mailto:young@saintmaryacademy.org) or via the school at 742-3299.

Thanks again for your support of the instrumental music program at Saint Mary Academy.

## *School Store – Mrs. Pollack*

School store is open every Friday from 11-1.

A current price list may be found on the school web site under the Parents and Students option. In addition to the school supplies listed various seasonal items are available from \$.05 - \$1.00.

We will soon be adding Kingston



Technology 1G flash drives available at the school store for any students or teachers requiring a flash drive. Cost for the device is \$7.

## *Builder's Club – Mrs. Schwoerer*

We all yearn for new and exciting opportunities where we can make a difference.

Likewise, students of all ages need and want new and exciting ways of giving. Volunteering provides a way for our youth and families to put their caring into action. Last year SMA students volunteered in animal shelters, libraries, Rotary clubs, hiked for a homeless shelter, had fun doing a bowl-a-thon, served meals at church suppers, shoveled neighbors driveways and repaired gutters. We would like to recognize and thank our school family for the many creative ways you continue to serve through volunteering.

Recommended hours for volunteering are four (4) hours for grades 1 - 4 and ten (10) hours for grades 5 - 8. Although all students will be recognized when they complete the

recommended hours, students in grades 1 - 4 who do 10 or more hours and students in grades 5 - 8 who do more than 20 hours will receive a special certificate on Awards day.

This year our "Builders Club" program will include ONLY seventh and eighth grade students. Our advisors this year are Mrs. Sweeney and Mrs. Gail Baker of Kiwanis Club. Please join me in thanking them for supporting our youth. Builders Club will meet twice a month on Tuesday's from 2:10 - 2:45. Please see Mrs. Sweeney for the start up date.

Volunteer forms can be found on-line at our SMA website or in classrooms. Please sign and return all forms to teachers. Know that each hour you volunteer your time and love you make a difference! I welcome questions, comments and concerns.

## *Teacher Professional Development*

This past summer Mrs. Roberts was selected to participate in two Landmarks of American History and Culture Workshops for Schoolteachers, funded by the National Endowment for the Humanities. These workshops are week-long academies which allow teachers from across the country to engage in intensive study and discussion of important topics in American history. They present the best scholarship on a specific landmark or related cluster of landmarks, enabling participants to gain a sense of the importance of historical places, to make connections between what they learn in the workshop and what they teach, and to develop enhanced teaching materials for their classrooms.

Mrs. Roberts attended a workshop on *Landmarks of the Underground Railroad - From Christiana to Harpers Ferry* at Dickinson College in Pennsylvania and another workshop on *The Hermitage, Andrew Jackson, and America 1801-1861* co-sponsored by Middle Tennessee University and the Hermitage Museum in Nashville.

Mrs. Roberts will also be attending the NH Council for Social Studies Conference on October 30. The conference features hands-on workshops for teachers at all levels and exhibits by textbook companies, museums

and non-profit organizations.

Senora Dromey-Heeter will be attending the New Hampshire Association of World Language Teachers' Conference in Meredith NH on November 7. She will be presenting a workshop entitled "Teaching a la Carte - How to Survive Teaching on a Cart"

Also on November 7 Mrs. Gould and Mrs. Roberts will be attending workshops presented by Keys to Literacy. This workshop will information on adolescent literacy and will provide specific strategies and activities to enhance comprehension and vocabulary skills.

Ann McGurty and Mary McKernan will be attending the SDE New England Conference for Kindergarten through Grade 4.

On our schoolwide Professional Development Day on November 10, our teachers will convene with Catholic school teachers throughout the Diocese of Manchester for a Diocesan Formation Day. In the morning Sr. Carol Cimino will present a talk entitled "I Know Who You Are and I Saw What You Did". She will examine the example of Jesus and how he taught and conducted his own "classroom." In the afternoon Gerry King will present a talk on "Teachers and Students: Connection with Appropriate Boundaries."



## *Intramural Basketball*

### Intramural Basketball Coordinator Needed

We are looking for a parent volunteer willing to coordinate the intramural basketball program. This program runs on Saturdays, 8:00-1:00 for six weeks in December and January. The coordinator would be responsible for opening and

closing the gym, overseeing the basketball games (not coaching), assigning volunteers to run concessions and otherwise being sure that the program runs smoothly. If you think you would be interested in doing this, please contact Suzanne Kelliher, [teamkelliher@verizon.net](mailto:teamkelliher@verizon.net).

## *Public Service Announcements*

### **Note about Afterschool Homework Lab:**

After school homework lab is a great time for students to get started on their homework in a quiet, supervised environment. This is available from 2:30 - 3:30 p.m. for students in grades 3-4 on Mondays and Wednesdays, and for students in grades 5-8 on Mondays, Tuesdays, and Wednesdays. A student can drop in for the afternoon, or students can pre-pay by the month. Please contact Cathy Pease for more information @ 742-3843, or at [cathy@dynamiclearningsolutions.net](mailto:cathy@dynamiclearningsolutions.net)

### **Protecting God's Children Workshops in November**

**Location:** Corpus Christi Parish, St. James Church Hall, Portsmouth

**Date:** Wednesday, November 13, 2008  
6:30-8:30 p.m.

To register, please contact Brenda Stinson at 436-4555 or at [faithformdir@copuschristinh.org](mailto:faithformdir@copuschristinh.org)

### **SMArt Business Directory**

Remember to go to the SMA website and look at all the businesses who have advertised in the SMArt Directory. If you need help around the house, with a website, or if you need an electrician, etc., you will find SMA parents or Alumni who have advertised there. Please patronize their businesses. Some of these businesses offer a discount to SMA families.

If you have any questions, or wish to advertise your business, please contact me at: [bilodeau@saintmaryacademy.org](mailto:bilodeau@saintmaryacademy.org)

### **Making Money for SMA**

When you open a can of Campbell's soup, remember to clip the UPC code from the label (look for the "Labels for Education" picture on the product). Help SMA collect enough UPC codes from Campbell's products to earn school supplies like gym equipment and art supplies. Eligible products include:

- Campbell's® soups
- Franco-American® SpaghettiOs® pasta
- Campbell's® beans, gravies, and canned pasta
- Prego® pasta sauces
- Swanson® broths and canned poultry
- Campbell's® tomato juice
- Campbell's® Supper Bakes® Meal Kits
- V8 Splash® Beverages
- Pepperidge Farm® Goldfish® crackers

See [www.labels4education.com](http://www.labels4education.com) for more information.

## Introducing the Student Council Uniform Exchange!

What could be more "green" than re-using and recycling SMA uniforms? As a Student Council service to parents and students of SMA, the following uniforms are available should you need to supplement your wardrobe. Simply email [heeter@saintmaryacademy.org](mailto:heeter@saintmaryacademy.org) or [Zellem@saintmaryacademy.org](mailto:Zellem@saintmaryacademy.org) and Student Council members Katie Foster, Kendra Dugmore and Merranda Donnelly will deliver the uniforms to your child

If YOU have any uniforms to donate, please bring them to the Office c/o Student Council and we will add them to our inventory. There is no cost for this service; only an incentive to re-use, re-cycle and re-wear.

Mrs. Zellem, Mrs. Finnegan, Sra. Dromey Heeter

<p align="center"><b>Blue Uniform Shorts</b></p> <p>Size 8 Husky                  Size 8 Petite                  Size 10                  Size 10 Regular (4)                  Size 10 Husky (2)                  Size 11 Regular                  Size 12 Slim (2)                  Size 12 Regular                  Size 14 (2)                  Size 14 Regular</p>	<p align="center"><b>Blue Uniform Pants</b></p> <p>Size 7 Regular                  Size 8 Slim (3)                  Size 10 slim (2)                  Size 10 Regular (8)                  Size 10 (2)                  Size 12 Slim                  Size 12                  Size 12 Regular (2)                  Size 14 Regular                  Size 27 Husky                  Size Youth Small (3)</p>
<p align="center"><b>Khaki Pants</b></p> <p>Size 12 Husky (2)                  Size 14 Husky</p>	<p align="center"><b>Khaki Shorts</b></p> <p>Size 14 Regular</p>
<p align="center"><b>Girls' Blouses (Peter Pan Collar)</b></p> <p>Short Sleeve - White - Size 6                  Long Sleeve - White - Size 7 (2)                  Short Sleeve - White- Size 7 (4)                  Long Sleeve - White - Size Small                  Long Sleeve - White - Size Medium</p>	<p align="center"><b>Uniform Oxford Shirts</b></p> <p>Long Sleeve - White- Size 12                  Short Sleeve - White- size 14                  Short Sleeve - Light Blue - Size 16 (2)                  Long Sleeve- Light Blue - Size 16 (2)</p>
<p align="center"><b>Jumpers</b></p> <p>Size 14                  Size 16</p>	<p align="center"><b>Skirts</b></p> <p>Size 10                  Size 10 ½ regular</p>
<p align="center"><b>Long Sleeve Polo Shirts</b></p> <p>White - Size Small                  Light Blue - Size 5 - Youth                  Light Blue - Size 5 - Adult</p>	<p align="center"><b>Gym Uniforms</b></p> <p>Sweatpants - Adult Medium - Blue Nylon                  Sweatpants - Size Youth                  Sweatshirt - Size Medium                  Sweatshirt - Size 10-12                  Shorts - Size Youth Small                  T-Shirt - Size Medium - Grey                  T-Shirt - Size Large -Grey                  T-Shirt - Size Adult Medium</p>



## 2008 - 2009 Saint Mary Academy Event Contact List

Grandparents Luncheon	Suzanne Kelliher	<a href="mailto:teamkelliher@verizon.net">teamkelliher@verizon.net</a>
School Photo Day	Brenda Foster	<a href="mailto:foster@saintmaryacademy.org">foster@saintmaryacademy.org</a>
Halloween Dance	Donna Berchulski	<a href="mailto:D.Berchulski@dover.k12.nh.us">D.Berchulski@dover.k12.nh.us</a>
Junior High Dance		
"Kids Only" Gift Shop		
Cultural Enrichment Committee	Terrie Colbert	<a href="mailto:coltjj@comcast.net">coltjj@comcast.net</a>
Christmas Craft Fair	Cindy Mazzone	<a href="mailto:cindy.mazzone@verizon.net">cindy.mazzone@verizon.net</a>
Soup and Bread Supper	Dawn Duffy	<a href="mailto:celts303@comcast.net">celts303@comcast.net</a>
Book Fair	<b>OPEN</b>	
Spaghetti Supper	Mrs. Zelle	<a href="mailto:zelle@saintmaryacademy.org">zelle@saintmaryacademy.org</a>
Christmas Concert	Lisa Puffer	<a href="mailto:lisapuffer@comcast.net">lisapuffer@comcast.net</a>
Ice Cream Social	Mrs. Houst	<a href="mailto:houst@saintmaryacademy.org">houst@saintmaryacademy.org</a>
	Heather Cronin	<a href="mailto:heather.cronin@comcast.net">heather.cronin@comcast.net</a>
Virtual Zoo	Kathy Wooster	<a href="mailto:timnkathyw@yahoo.com">timnkathyw@yahoo.com</a>
	Mrs. Landry	<a href="mailto:landry@saintmaryacademy.org">landry@saintmaryacademy.org</a>
	Becky Patten	<a href="mailto:tbpatten@comcast.net">tbpatten@comcast.net</a>
Auction	Jan Bennett	<a href="mailto:jbennet42@comcast.net">jbennet42@comcast.net</a>
Daddy Daughter Dance	Meaghan Puglisi	<a href="mailto:meaghan.puglisi@comcast.net">meaghan.puglisi@comcast.net</a>
	Diana LaPierre	<a href="mailto:dmlapierre@comcast.net">dmlapierre@comcast.net</a>
	Stacy Anglace	<a href="mailto:tanlace@comcast.net">tanlace@comcast.net</a>
Staff Appreciation Luncheon	Bonnie McGovern	<a href="mailto:bonnie_mcgovern@yahoo.com">bonnie_mcgovern@yahoo.com</a>
Carnival	Jenifer Austin	<a href="mailto:Jenifer.Austin@comcast.net">Jenifer.Austin@comcast.net</a>
Mother-Son Picnic	Michelle Wood	<a href="mailto:jmwood35@comcast.net">jmwood35@comcast.net</a>
Beautification/Landscape	Lynn Adams	<a href="mailto:lh-adams@comcast.net">lh-adams@comcast.net</a>
Box Tops	Judy Coffey	<a href="mailto:coffeyland@comcast.net">coffeyland@comcast.net</a>
Alumni Committee	Meaghan Puglisi	<a href="mailto:meaghan.puglisi@comcast.net">meaghan.puglisi@comcast.net</a>
Field Days	Mrs. White	<a href="mailto:nhstar3spinner@aol.com">nhstar3spinner@aol.com</a>
Movie Night	Terrie Colbert	<a href="mailto:coltjj@comcast.net">coltjj@comcast.net</a>
Photographer	Brenda Foster	<a href="mailto:foster@saintmaryacademy.org">foster@saintmaryacademy.org</a>
Pre-K/Kindergarten Library Help	Mrs. Preston	<a href="mailto:plpreston5@yahoo.com">plpreston5@yahoo.com</a>
Pre-K/Kindergarten Lunch Help	Beth Kennedy	<a href="mailto:dbexkennedy@comcast.net">dbexkennedy@comcast.net</a>
Cafeteria Helpers	Rachel Michaud	
Campbell Soup Labels	Kathy Chick	<a href="mailto:chickee824@yahoo.com">chickee824@yahoo.com</a>
	Stephanie Kavanos	<a href="mailto:neeya11@metrocast.net">neeya11@metrocast.net</a>
SMA Book Club	Liz Beauregard	<a href="mailto:elotti@metrocast.net">elotti@metrocast.net</a>
Lego Club	Liz Beauregard	<a href="mailto:elotti@metrocast.net">elotti@metrocast.net</a>
Uniform Swap	Corinna Dugmore	<a href="mailto:dugmore5@comcast.net">dugmore5@comcast.net</a>
School Store	Jackie Pollack	<a href="mailto:jackiep12@juno.com">jackiep12@juno.com</a>
Shaw's Receipts	Lise Study	<a href="mailto:bchlvr@saine.rr.com">bchlvr@saine.rr.com</a>
New Family Welcoming Committee	Susan O'Donnell	<a href="mailto:annemarch8@aol.com">annemarch8@aol.com</a>
Service Project Coordinator	<b>OPEN</b>	
Volunteer Steering Committee	Jenifer Austin	<a href="mailto:jmaustin@comcast.net">jmaustin@comcast.net</a>
	Stacy Anglace	<a href="mailto:tanlace@comcast.net">tanlace@comcast.net</a>
	Nicole Bosco	<a href="mailto:nicolebosco@comcast.net">nicolebosco@comcast.net</a>
	Jennifer Cove	<a href="mailto:shoreline@maine.rr.com">shoreline@maine.rr.com</a>
	Michaela Breen	<a href="mailto:kambreen@comcast.net">kambreen@comcast.net</a>
	Jane Durfey	<a href="mailto:jane.durfey@gmail.com">jane.durfey@gmail.com</a>
	Tamre Steinhauer	<a href="mailto:tdsteinhauer@comcast.net">tdsteinhauer@comcast.net</a>
	Diana LaPierre	<a href="mailto:dmlapierre@comcast.net">dmlapierre@comcast.net</a>

# Auction Project Coordinator Needed Each Classroom

We are looking for one parent from each classroom willing to coordinate his or her child's class auction project. Your role as the auction project coordinator is to identify the resources and talents available in your child's classroom, come up with a unique idea (or we can give you one), organize and plan the project, work with students in the classroom to create it, and complete all the finishing touches to make the project a success!

Classroom projects are always the highlight of the auction and are essential for a successful auction—they have raised thousands of dollars for Saint Mary Academy over the years.

So, if you have a creative flair and would like to be a part of making this year's auction a success, please complete the information below and return it to the school by Thursday, November 6. You can also email this information to Cheryl Saylor at [bcmksay@comcast.net](mailto:bcmksay@comcast.net).

Even if you are unavailable to coordinate the classroom project, but have a great idea for a basket theme; please fill out the form below.

\_\_\_\_\_ Yes, I would like to coordinate my child's class project.

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Childs Grade and Teacher: \_\_\_\_\_

Childs Grade and Teacher: \_\_\_\_\_

\_\_\_\_\_ No, I am unable to coordinate my child's class project but have a suggestion for a basket theme: \_\_\_\_\_

If you have any questions or would like additional information, please contact Cheryl Saylor at (603)343-5088 or [bcmksay@comcast.net](mailto:bcmksay@comcast.net)

# The "Kids Only" Gift Shop

Comes again to the SMA Craft Fair on  
November 22nd, 2008!

Store hours are 9am to 1pm



A selection of inexpensive items will be available to make it very affordable for children to do their own Christmas gift shopping. With the help of our "elves", children will be able to select and purchase gifts for their family and have them wrapped free of charge\*. The proceeds from this service will help defray the cost of enrichment activities that are planned for this year.

To make the gift shop a success, we ask that each child bring one new item to school during the week of November 17<sup>th</sup>. Items can be brought in to their classrooms or dropped off in the office. A group from the Cultural Enrichment Committee will be setting up the store after school on Friday, November 21st. Please have your items in by the end of that school day. Below is a list of suggestions. We are looking for inexpensive or bargain items. \*\*Items for men are particularly in demand.\*\*

## Gift Item Suggestion List

Good places to find bargains: watch for sales, bargain baskets, Dollar Stores and Christmas Tree Shops. (No jack knives or violent toys)

Kitchen towels	Magnets	Pens/Pencils
Votive candles/holders	Frames	Key rings
Potholders	Mugs	Flashlights
Matchbox cars	Hair accessories	Tools
Balls	Nail Clippers	Gadgets
Golden Books	Tape measures	Travel mugs
Desk Calendar	Screwdrivers	Car washing supplies
Playing cards	Eyeglass repair kits	Magnifying glass

\*Donations of gift bags, self-adhesive labels and especially tape and tissue paper will also be gratefully accepted.

If you would like to help with this event, please call Terrie Colbert at 742-2710 or e-mail at [coltjj@comcast.net](mailto:coltjj@comcast.net)